



## Proactive Health Report, 81 Genes

### UNDERSTANDING YOUR NEGATIVE GENETIC RESULTS

#### I received a negative result on my genetic test. What does it mean?

Your genetic test results were negative.

- MyOme tests for thousands of genetic variants known to increase risk of developing a disease. A negative result means that MyOme did not find any in the regions tested.
- Your risk for disease may be influenced by a combination of personal, lifestyle, genetic and/or environmental risk factors that MyOme did not analyze.

#### How does a negative result affect my family members?

While your genetic result is negative, each of your family members has their own set of genes that is unique to them. Genetic testing can help them understand their own personalized disease risk.

#### What else can I learn from my MyOme Report?

The whole genome sequence data generated by MyOme can be used for a lifetime of insights. As the understanding of genetics and genetic testing continues to advance, MyOme can provide you with a lifetime of updated reports. Future research may uncover new information, and we recommend that you discuss this information with your healthcare provider.

#### What resources are available to learn more about my genetic results?

A genetic counselor can help you better understand your results. Contact MyOme at [clinical@myome.com](mailto:clinical@myome.com) to set up an appointment with one of MyOme's genetic counseling partners.

This document does not replace the guidance of a medical professional and is used to provide additional support related to your genetic test results. We recommend that you discuss this information with your healthcare provider. As science and technology continue to advance, updates related to your genetic test may be available in the future.

This is a laboratory-developed test that was developed, and its performance characteristics were determined, by MyOme, Inc., a clinical laboratory certified under the Clinical Laboratory Improvement Amendments of 1988 (CLIA) to perform high complexity clinical laboratory testing. This test has not been cleared or approved by the U.S. Food and Drug Administration (FDA). The FDA has determined that such clearance or approval is not necessary for laboratory-developed tests.